Calle Sol Allergy Menu

"M" denotes that item can be modified upon request – "C" denotes cross contamination "/MA" denotes can be modified at SouthPark

MENU ITEM	GLUTEN	DAIRY	NUTS	EGGS	ALLIUM	SOY	SESAME	SEAFOOD	VEGETARIAN
Appetizers									
Croquetas	*	*		*		*			
*Salchipapa	C			*	*	*			M
Arepas		M		*	*	*			M
Yuquitas de Queso	C	*				*			*
Bowls									
Black Bean Soup	C				*				*
*Lentil Cazuela	C			М	*	C			*
Stuffed Avocado	CM			М	М	М			М
*Salmon Sol Bowl				М	*	*		М	М
Chicken Sol Bowl				М	*	*			М
Salads									
Peruvian Caesar	*				*	C			
Calle Solterito		М		М	M	М			*
Dressings									
Sherry Vinaigrette		*		*	*	*			*
Amarillo Ranch		*		*	*	*			*
Guava Vinaigrette		<u> </u>		- 1	*	- N		+	*
Lime & EVOO								+	*
Haucaína Caesar	*	*			*				*
Cilantro Aioli	*	*		*	*	*		+	
Sandwiches					★	───			
Cubanos	*	М		М	*	М	1	Ī	1
Hector's Club		M							
	*			М	*	М			-
Pollo Frita	*	М			*				
Sides		1	l	I	I		I	ı	- A
Sweet Plantains	C					C			*
Quinoa Salad					<u> </u>	*			*
Black Beans					*				*
Boiled Yuca					*				*
Mojo Fries	C					C			*
Fried Yuca	C					C			*
Bread & Butter	*	М							*
Roasted Sweet Potatoes					M				*
Mariquitas	C/MA					C/MA			*
Ceviches		1	1	1		1	1	1	1
*Classic	M				*			*	
*Aji Amarillo	M				*			*	
*Rocoto	M				*			*	
*Tuna Nikkei	M				*		M	*	
Entrées									
Vaca Frita					*				
Pollo Frita					*				
Lechón Asado					*				
Arroz con Pollo					*				
Picadillo					*				
Shrimp Mojo		*			*			*	
Ropa Vieja					*				
Imperial Rice		*		*	*	*			
Estofado					*				
Masitas de Puerco	C				*	C			
*Lomo a lo Pobre	C/MA	/MA		/MA	/MA	C/M			
*Pescado a lo Macho		*			*	C		*	
Chicken Pinchos					*			1	
								1	
								1	
								1	

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MENU ITEM	GLUTEN	DAIRY	NUTS	EGGS	ALLIUM	SOY	SESAME	SEAFOOD	VEGETARIAN
Chino-Latino									
Chaufa	M			M	*	*	*	М	M
Lomo Saltado	C/M				*	*	*	M	M
Tallerin	*			*	*	*	*	М	M
Cuban Fried Rice	M			М	*	*	*	М	M
Dessert	<u></u>	l W			I	I	I	I	***
Key Lime Pie	*	*	C	*					*
Guava Maria	*	*	L	*					*
Flan Banana Tres Leches	*	*	C	* * *					* * *
Dessert Cater		**	<u> </u>	★					**
Cookies	*	*	C	*		M			*
Brownies	*	*	C	*					*
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